SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

- Course Title: NURSING CONCEPTS
- **Code No.:** NUR 330-1
- Program: NURSING
- Semester: FIVE
- Date: SEPTEMBER, 1991
- Author: ANGIE BALLANTYNE

New:

Revision: X

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APPROVED:

CALENDAR DESCRIPTION

NURSING CONCEPTS

NUR 330-1

Course Name

Course Number

COURSE DESCRIPTION:

This is designed to assist the student to course assume responsibilities of a professional registered nurse. Taking responsibility for personal and professional development is the central core of this course. Current issues and trends are important components of career development and will be a focus of the course. Client advocacy, nursing leadership, team membership, methods of health care delivery and use of change process will also be included.

COURSE OBJECTIVES:

- I. Demonstrate the ability to assume responsibility for continued personal and professional development.
- II. Describe current issues and trends related to nursing.
- III. Examine assertiveness in nursing, especially as it pertains to client advocacy and nursing leadership.
 - IV. Examine various methods of nursing care delivery.
 - V. Analyze the roles and responsiblities of the nursing profession relative to the structure of the health care system.

METHOD OF EVALUATION (GRADING METHOD):

- 1. Participation and Attendance
 - a) Participation marks are based on enhancing class learning by:
 - being alert
 - 11% contributing to group development
 - helping with group tasks
 - sharing relevant information with the class

21%

METH	IOD C	OF EVALUATION (GRADING METHOD) (CONT'D):	
	,	Attendance marks are based on: - being present (1 absence will be excused if teacher is notified before class) - being on time	
		free at any time to see the teacher during posted ce hours to find out your status in these areas.	
2.	Writ	ten assignments	79%
50%	a)	NURSING SHORTAGE ESSAY	
20%	b)	ADVOCACY	
		10% WRITTEN 10% ORAL	
9%	C)	RNAO - ONA - CHANGE ESSAY	
	See	instructions for written assignments on separate handout.	
3.	Extr	ra Credit POSSIBLE	15%
5% 5% 5%	b)	Meet with Teacher to Discuss Objectives I., D., E. For attending an RNAO Meeting. For attending an ONA Meeting.	00%

INSTRUCTIONAL METHOD:

Content will be presented in lectures, group work, written assignments and with guest speakers.

READING:

Students are expected to read textbooks, journal articles and current literature. Sharing this in class will form part of participation mark.

Refer to Book List.

LEARNING OBJECTIVES	LEARNING RESOURCES
Demonstrate the ability to assume responsibility for continuing personal and professional development.	
A. Develop a tool for evaluation of class participation.	Review group theory and learning theory.
B. Explore rationale for develop- ment of personal and professional goals.	Textbook: <u>Managing Your</u> <u>Career in Nursing</u> , Henderson & McGettigan, 1986.
C. Examine issues and trends which will influence your career in nursing.	
D. Develop tentative personal and professional goals for the following time periods: 6 months, 1 year, 2 years, 3 years, 5 years, 10 years. Consider your interests, strengths and weaknesses.	
E. Share these goals with 1 class- mate. Arrange a date and time to evaluate goals in 6 months.	RNAO - Position on Entry to Practice
II. Describe current issues and trends related to nursing.	See Other Objectives
III. Examine assertiveness in nursing, especially as it pertains to client advocacy and nursing leadership.	
A. Examine the nurse's role as patient advocate.	
1. Define the term <u>patient</u> advocate.	"Advocacy: What is it?"
	(Brower) J. Gerontal Nursing, 1982, March 8, pp. 141-143

LEARNING OBJECTIVES

Identify characteristics in a professional nurse to be the patient's advocate.

- Cite everyday examples of when patients need an an advocate.
- Examine issues that may cause nurses to abandon their client/advocate role

Examine selected skills crucial to the nurse's role as patient advocate.

Demonstrate assertiveness skills.

LEARNING RESOURCES

Storch, J., <u>Patient's Rights</u>, McGraw-Hill, <u>1982</u>, pp. 170-175

"Patient's Advocate - Letting a Patient Go" (Carol Anne Hanrahan), RN, Oct. 1984, pp. 17-18.

Herman, S.J., <u>Becoming</u> <u>Assertive</u>, (RT86H47)

Angel, Gerry, <u>Developing the</u> New Assertive Nurse, (RT86A63)

Chenevont, M., <u>Stat; Special</u> <u>Techniques in Assertiveness</u> Training, (R692C4B)

Sundeen, S.J., <u>Nurse-Client</u> <u>Interaction</u>, Mosby, 1985, pp. 188-189.

Devise an appropriate clinical objective for your practice related to assertiveness.

Examine how change process skills may be used to facilitate patient advocacy.

a. Identify examples of changes in progress and needed changes in your current nursing practice settings. Kozier, B Fundamentals of <u>Nursing</u>, 3rd Edition, Addison-Wesley, 1987, pp. 142-144.

"Managing Change Creatively" by B. Walton Sprodley, <u>Journal</u> of Nursing, May, 1980.

LEARNING OBJECTIVES	LEARNING RESOURCES
Develop a plan for implementing a change in your nursing practice setting.	"Savage Beasts That Soothe: How the Pet Visitation Program Works", (0. Roberts), CN, Sep., 1984, pp. 48-49.
	Mauksch, E., <u>Implementing</u> <u>Change in Nursing</u> , (RT86.5 M38)
	Review Change Theory from Sociology.
 Describe how to develop and use political action skills for patient advocacy. 	Kozier, B, Fundamentals of <u>Nursing</u> , 3rd Edition, pp. 131- 142.
	<u>Play From Strength: A Canadian</u> <u>Woman's Guide to Initiating</u> <u>Political Action</u> , The Canadian Advisory Council on the Status of Women, 1983.
C. Describe the leadership role of the nurse.	
1. Define "leadership."	Review Communications, Year I
 Identify styles of leadership. 	Lebjack, Charlotte. "Dealing With Leadership Changes", Nursing Success Today, Dec. 1986, Vol. 3,
	#12.
 Identify methods of decision making. 	#12. Bernhard W., <u>The Key to the</u> <u>Professionalization of Nursing</u> (RT89B46).
	Bernhard W., <u>The Key to the</u> <u>Professionalization of Nursing</u> (RT89B46). Langford, T.L., <u>Managing and</u> <u>Being Managed</u> , (RT82L32).
making. 4. List key attributes for the leadership role of the staff	Bernhard W., <u>The Key to the</u> <u>Professionalization of Nursing</u> (RT89B46). Langford, T.L., Managing and
 making. 4. List key attributes for the leadership role of the staff nurse and head nurse. 5. Describe the professional nurse's role in influencing 	Bernhard W., <u>The Key to the</u> <u>Professionalization of Nursing</u> (RT89B46). Langford, T.L., <u>Managing and</u> <u>Being Managed</u> , (RT82L32). "Games People Play in Super-
 making. 4. List key attributes for the leadership role of the staff nurse and head nurse. 5. Describe the professional 	Bernhard W., <u>The Key to the</u> <u>Professionalization of Nursing</u> (RT89B46). Langford, T.L., <u>Managing and</u> <u>Being Managed</u> , (RT82L32). " <u>Games People Play in Super-</u> vision" (reserve article) Be prepared to give specific

- IV. Describe the following methods of nursing care delivery:
 - 1. Functional Method
 - 2. Team Method
 - 3. Primary Method
 - 4. Modular Method
 - V. Examine selected roles and responsibilities of the nursing profession.
 - 1. Explain the structure and functions of:
 - a) RNAO
 - b) College of Nurses
 - C) ONA
 - 2. Examine the following workin relationships:
 - a) Nurse-Nurse
 - b) Nurse-Patient
 - c) Nurse-Physician
 - d) Nurse-Employer
 - 3. Examine selected current issues Class Discussions in nursing.

LEARNING RESOURCES

Kozier, B., Fundamentals of Nursing, 3rd Edition, pp. 18-19.

Teacher will present information on these methods.

Identify and critique method on your assigned ward, for class discussion.

Handouts on RNAO, CON, and ONA.

Guest Speakers

Cortin, L. and Flaherty, M.J., Nursing Ethics: Theories and Practice, Brady, 1982, Section III.